

Migration Health Assessments for New Zealand-Bound Migrants

All applicants are required to undergo a migration health assessment as part of their visa application process for New Zealand. In this document, you will find important information related to your upcoming migration health assessment at IOM’s Migration Health Assessment Centre (MHAC) in COLOMBO, SRI LANKA.

IOM SRI LANKA MHAC Contact Information

Address: [Institute of Bankers of Sri Lanka Building \(IBSL\), No. 80A, Elvitigala Mawatha, Colombo 08, Sri Lanka.](#)

Phone Number : +94 11 2031 700

Opening Hours: 08:00AM – 16:30PM MON-FRI

Email address: slaushap@iom.int

What Should I Expect at my Appointment?

The scope of the migration health assessment varies depending on factors such on your visa category, age, gender and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to New Zealand) might receive:

- Registration.
- Counselling to explain the health assessment process (at the end of the counselling you will sign an informed consent form).
- Medical examination, which may include the following:
 - A review of your medical history and current symptoms
 - Taking your measurements and vital signs
 - A detailed physical examination to assess your physical and mental status
 - A chest X-ray
 - Hepatitis B and C tests
 - Syphilis test.
 - Serum creatinine (test for kidney function).
 - HIV test.
 - Full blood count.
 - Glycosylated haemoglobin (test for diabetes).
 - Pregnancy test.
 - Urine analysis.

Breakdown of Migration Health Assessment Procedures by Age of Applicant:

Below the Age of 11 Years	Between 11 and 14 Years	15 Years and Above
- Medical examination	- Medical examination - Urine analysis - Chest X-ray	- Medical examination -Urine analysis - Chest X-ray - Blood tests

All basic requirements are done on the same day, during the same appointment.

Will I need additional tests or procedures?

Additional tests or treatment may be in order to complete the health assessment and/or to comply with the requirements of the immigration authorities, based on health conditions identified during your examination. In such an event, you will be provided with additional counselling and more information during your appointment.

Will I receive any vaccines?

Immunizations are not currently required as part of the migration health assessment for New Zealand, unless special arrangements apply (such as immunization in case of outbreaks of vaccine-preventable diseases in the country of origin). However, you are strongly encouraged to complete immunizations before you travel to New Zealand and bring your immunization record with you. If you wish, the IOM doctor can review your record and provide advice on missing vaccinations.

Important Notes

Minors:

Applicants under the age of 18 must be accompanied by a **parent or guardian** who can provide consent and make decisions on their behalf. If parent is not present the guardian should have a legal authorization letter (Guardianship letter) attested by an attorney.

Pregnancy:

Women of child-bearing age may be requested to provide a urine sample to test for pregnancy before undergoing a chest X-ray. If you are pregnant and undergoing a migration health assessment, your chest x-ray will be put on hold and until after giving birth. Following delivery, you may proceed with the x-ray and complete the health assessment.

Tuberculosis (TB):

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) **Latent TB:** when you have the bacteria in your body, but you don't have any clinical manifestations. In order to diagnose latent TB, active TB should be ruled out.
- (2) **Active TB:** when you have the bacteria and have clinical, radiological or laboratory manifestations.

You might be asked to undergo further testing if the doctor suspects you have TB. In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; **it can take up to 10 weeks to obtain a result.**

If you are required to complete further testing, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! **TB is treatable** and most people can be cured at home with a few months of treatment.

What Do I Need to Bring to My Appointment?

Identification:

- Valid / Duly updated Original Passport (In case your passport has already been submitted for visa processing, kindly submit a certified photocopy along with the confirmation of visa submission.)
- If applicant is a minor, then a Photo ID (Original Passport or NIC) of the accompanying parent/guardian.
- Children under the age of 18 must present their original birth certificate translated into English, accompanied by a photocopy of the document.
- An electronic or printed copy of the letter which has the Medical Reference Number (HR Number), except for those presenting for an Upfront Medical Exam (UFM). Following completion of the health assessment, UFM applicants will be issued a document generated from eMedical as proof of compliance with the medical requirements.

Medical Records:

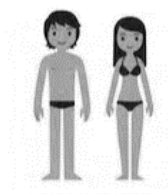
- If you possess medical reports regarding past or current medical conditions, please provide existing specialist and/or other relevant medical reports for known conditions and any previous medical records such as clinic books, prescriptions, diagnosis cards, lab reports, and X-rays.
- If you are currently prescribed any medications, kindly ensure to bring both the tablets and the corresponding doctor's prescription with you.
- Vaccination records (optional).
- COVID-19 Vaccination card
- Children under 11 years old will need to bring their Vaccination Card / Child Health and Development Record

Other:

- Spectacles or lenses if you wear them.
- Present SL Address, Phone number (landline & mobile number), Further correspondence email address typed or clearly written down on a separate paper.

Advice for the Migration Health Assessment

- Kindly **review** all your documents and their **validity** before attending the Health Assessment to prevent any inconvenience.
- For the physical examination, you will need to undress and put on a medical gown, while keeping your underwear on (refer to the image on the right). Additionally, a separate examination gown will be provided for the chest X-ray. Hence, it is recommended to wear comfortable clothing, avoiding tight-fitting long sleeves, and choosing attire that is easy to change out of.
- For **female applicants**, please postpone or re-schedule your appointment if you are **menstruating**, as it may affect the urine test result.
- You may request a **chaperone** to be present at your physical examination.
- Please **do not conceal** any medical conditions; deliberate attempts to hide them will be reported to the New Zealand immigration authorities.
- Please do not conceal your **pregnancy**; being pregnant will have no impact on your immigration prospects.
- Please **reschedule your appointment** if you or your child are **unwell** with a fever or rash, and promptly seek medical attention from your regular provider. In case of any infectious illness symptoms or their development after booking, contact us at least one day before your scheduled medical appointment for rescheduling. It's



important to note that new screening measures are in place to safeguard everyone's health, and entry will not be permitted if you exhibit any of these symptoms.

- The medical examination may last up to **4** hours; however, **fasting** before your appointment is not required.
- Please note that, due to security and space limitations, only the applicant is allowed inside the premises.
- Onsite parking is not available at the MHAC
- Please arrive at the IOM Migration Health Assessment Centre 15 minutes before your scheduled appointment time.

Migration Health Assessment Fees and Payment Information

Fees, by Age of Applicant:

Below the age of 11 years	Between 11 and 14 years	15 years and above	Chest X-ray only
USD 50	USD 66	USD 93	USD 55

Additional fees will apply if other investigations are requested.

How to Pay for the Migration Health Assessment:

- Payments should be made at the IOM MHAC on the day of the appointment in Sri Lankan Rupees (LKR). Please consult the applicable IOM exchange rate shown in the banner at the top of the page; it can also be found in the "My Appointment" section of the site.
- Only cash payments are accepted.