

Migration Health Assessments for United Kingdom-Bound Migrants

All applicants who are planning to stay in the United Kingdom for 6 months or longer, and who are living in or have travelled to a country with high TB burden within the last six months, are required to undergo a migration health assessment to screen for tuberculosis (TB) as part of their visa application process for the United Kingdom. In this document, you will find important information related to your upcoming migration health assessment at IOM's Migration Health Assessment Centre (MHAC) in Colombo, Sri Lanka.

IOM SRI LANKA MHAC Contact Information

Address: Institute of Bankers of Sri Lanka Building (IBSL), No. 80A, Elvitigala Mawatha, Colombo 08, Sri Lanka.

Phone Number: +94 11 2031 700

Opening Hours: 08:00 AM – 04:30 PM Monday – Saturday

Email address: uktbappointmentsl@iom.int

What Should I Expect at my Appointment?

The scope of the migration health assessment varies depending on factors such as your age and current health status. The list below shows some of the procedures that you or your family (if they are applying to migrate with you to the United Kingdom) might receive:

- Registration
- Counselling to explain the health assessment process (at the end of the counselling you will be asked to sign an informed consent form)
- Medical examination, which may include the following:
 - A review of your medical history and current symptoms
 - A physical examination, where clinically indicated.
 - A chest X-ray
- Clearance certificate (if all tests are normal, the Certificate will be issued on the same day)

Breakdown of migration health assessment procedures, by age of applicant:

< 11 years old	Medical history and current symptoms
≥ 11 years	Medical history and current symptoms Physical examination, if clinically indicated Chest X-ray

All basic requirements are done on the same day, during the same appointment and Certificates will be issued on the same day for applicants with normal test results.

**Children under the age of 11 years may be requested to undergo chest X-ray, if clinically indicated*

Important notes

Minors:

Applicants under the age of 18 must be accompanied by a parent or guardian who can provide consent and make decisions on their behalf. If a parent is not present the guardian should have a legal authorization letter (Guardianship letter) attested by an attorney.

Pregnancy:

Women of child-bearing age may be requested to provide a urine sample to test for pregnancy before undergoing a chest X-ray. If you are pregnant and undergoing a migration health assessment, you may choose to:

- o Proceed with the chest X-ray with a double leaded shielding to protect you and your unborn baby (after completing 14 weeks of pregnancy); If you choose to proceed with the chest X-ray, you will be requested to sign an additional consent form.

OR

- o Option for sputum testing, where you will be requested to provide a sputum sample on 3 consecutive days; (These samples are then tested in a laboratory; it can take up to 10 weeks to obtain a result.)

OR

- o Wait to proceed with the migration health assessment until after giving birth.

Tuberculosis:

TB is a contagious bacterial infection that is spread from person to person through tiny droplets in the air. TB can be either:

- (1) Latent TB: when you have the bacteria in your body, but you don't have any clinical manifestations. In order to diagnose latent TB, active TB should be ruled out.
- (2) Active TB: when you have the bacteria and have clinical, radiological or laboratory manifestations.

You might be asked to undergo further testing if the doctor suspects you have TB. In such an event, you will be provided with additional counselling and more information during your appointment.

You will be requested to provide three (3) sputum samples over 3 consecutive days. These samples are then tested in a laboratory; it can take up to 10 weeks to obtain a result.

If you are required to complete further testing, your health assessment certificate will be put on hold until the results are received. If you are found to have TB, you will need to successfully complete treatment before resuming the immigration process.

Good news! TB is treatable and most people can be cured at home with a few months of treatment.

What Do I Need to Bring to My Appointment?

Identification documents

- **Valid / Duly updated Original Passport** (In case your passport has already been submitted for visa processing, kindly submit a certified photocopy along with the confirmation of visa submission.)
- **One photocopy of the bio-data page of your passport.**
- If the applicant is a minor, the Original Passport or NIC of the accompanying parent/guardian.
- **Children under the age of 18 must present their original birth certificate translated into English,** accompanied by a photocopy of the document.

Medical records:

- Please **provide if you possess any medical reports with previous chest X-rays.** This is especially important if you are diagnosed with and treated for tuberculosis at any point in life.
- **Children under 11 years old will need to bring their Vaccination Card / Child Health and Development Record**

Other:

- Present SL Address, Phone number (landline & mobile number) and Further correspondence email address typed or clearly written down on a separate paper.
- **Document which includes the full proposed address in the United Kingdom, complete with phone number and postal code**
- Sponsor's full name (for dependents).

Advice for the migration health assessment

- All applicants should wear a clean mask.
- Kindly review all your documents and their validity before attending the Health Assessment to prevent any inconvenience.
- A separate examination gown will be provided for the chest X-ray. Hence, it is recommended to wear comfortable clothing, avoiding tight-fitting long sleeves, and choosing attire that is easy to change out of.
- Refrain from wearing necklaces, chains and valuable.
- You may request a chaperone to be present at your physical examination.
- Please do not conceal any medical conditions; deliberate attempts to hide them will be reported to the UK immigration authorities.
- Please do not conceal your pregnancy; being pregnant will have no impact on your immigration prospects.
- Please reschedule your appointment if you or your child are unwell, have a fever or developed a rash, and promptly seek medical attention from your regular provider. In case of any infectious illness symptoms or other development after booking, contact us at least one day before your scheduled medical appointment for rescheduling. It's important to note that new screening measures are in place to safeguard everyone's health, and entry will not be permitted if you exhibit any of these symptoms.
- **The medical examination may last up to 3 hours; fasting is not required and please ensure you are well hydrated before your appointment.**
- Please note that, due to security and space limitations, only the applicant is allowed inside the premises.

- Onsite parking is not available.
- Please arrive at the IOM Migration Health Assessment Centre 15 minutes before your scheduled appointment time.

Migration Health Assessment Fees and Payment Information

Fees, by age of applicant:

Category	Fee
<11 years	30 USD
≥ 11 years and above	60 USD
Re Issuance of certificate	10 USD

Additional fees may apply if other investigations are requested.

How to Pay for the Migration Health Assessment:

- Payments should be made at the IOM MHAC on the day of the appointment in Sri Lankan Rupees (LKR). Please consult the applicable IOM exchange rate shown in the banner at the top of the page; it can also be found in the “My Appointment” section of the site.
- **We accept both cash and card payments, including Visa, Mastercard, and UnionPay.** However, please note that we do not have the facility to accept American Express or Discovery cards.

Validity Period of the Certificate:

- The certificate is valid for up to 6 months from the date of examination for applicants who are identified as free of TB
- For applicants who have been in contact with active TB patients or suspected TB patients, the certificate is valid for 3 months.